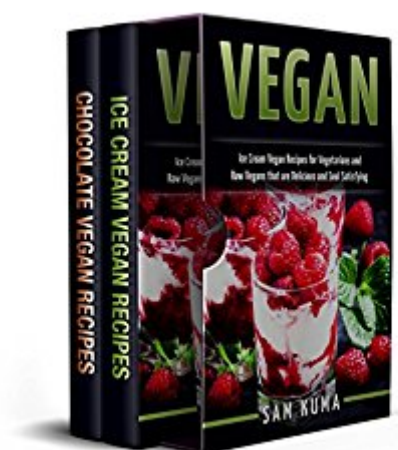


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Dessert Vegan Box Set 2 In 1: 150+ Ice Cream Vegan And Chocolate Plant-Based Vegan Recipes That Are Dairy Free For Easy Rapid Weight Loss For Beginners ... Crockpot And Cast Iron; Vegan Bodybuilding)



Synopsis

The Ultimate Desert Vegan Box Set (2 Books in 1 with Free Gift; 150+ Recipes Included)Download for free now with Kindle UnlimitedBook 1: Ice Cream Vegan RecipesThis book is for anyone who wants to go vegan but is afraid of living life without one of life's great pleasures - ICE CREAM. Let this book open your mind to the possibilities of Vegan Ice Cream recipes. It has a list of vegan recipes that include vegan sorbet and slush recipes, vegan fruit ice cream recipes, vegan sundae recipes etc.What customers say:"This is very nicely written and the directions are step by step to make sure you make the most delicious vegan ice cream I've ever tasted! I was surprised as well that this book even helps you make yummy syrup for the ice cream as well." - JasonBook 2: Chocolate Vegan RecipesThis book is for anyone who wants to go vegan but is afraid of living life without one of life's great pleasures - CHOCOLATE. Let this book open your mind to the possibilities of Vegan Chocolate recipes. It has a list of vegan recipes that include vegan chocolate sauce, vegan chocolate cakes, vegan chocolate bars, vegan chocolate ice-cream, vegan chocolate cookies, vegan desserts etc.What customers say:"Great recipes with good desserts." - fillycheeseScroll up and download now.

Book Information

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Customer Reviews

When you hear #veganweightloss I'm sure what you don't think of is Dessert and Chocolate, but it is wonderful! This book has tons of delicious recipes to make your desserts a wonder. The recipes are easy to follow and they list all the ingredients so you know exactly what you need. I really do wish it had pictures to go along with the recipes because people eat with their eyes first but it's okay without it. A lot of these recipes require and use fruits so be prepared for that. Overall it was a decent book set and I was happy to receive it at a discount in exchange for my honest opinion.

So happy to have found this awesome Vegan Dessert book! Everyone has a sweet tooth, even people who can't do dairy/animal products or who are vegan. I love how many different recipes and categories this book has. I downloaded the e book which is very convenient cause even when I don't have wifi or data I can just open up the ebook on my kindle app and cook away! These recipes are so simple and delicious. I tried out a couple so far since I was excited. :) I hope everyone else enjoys this as much as I did! I would definitely recommend to my friends and family!

The recipes are good, but I feel that the cookbook would look more put together if it included more pictures. Sometimes I pick to try a new recipe solely based on the image associated with the recipe. Despite the visual aspect, there are plenty of recipes and I don't think I will get tired of this book for a while.

never knew eating vegan could be so tasty!glad I got this book

This Cookbook is absolutely great!!! Now, I love desert but I always want to keep it healthy and this book does it! All of the ingredients are vegan approved and I can't wait to start making some deserts with this book!

Great book to make easy treats that won't make you gain weight and especially 100% vegan! I really enjoy this book and I truly recommend it to everyone especially as it's super affordable!

My favorite part of a meal is desert. When I go to a restaurant, I ask to see the desert menu before I order dinner. That way I know if I need to save room for desert. LOL! In fact, neither my husband, Bill nor I can eat as much as we use to. When dining out, we often share a main dish and sometimes desert. At home, I cook full recipes and we eat the leftovers. We always have vegan

deserts on hand, either ones I make or buy already made. So, I am always happy to try out more desert recipes. The Vegan Desert Box Set is two desert books. One is vegan ice cream recipes and the other is vegan chocolate recipes. VEGAN ICE CREAM BOOK In the Vegan Ice Cream book, not all the recipes are actually ice cream. It starts out with slush and shaved ice recipes, and then moves on to sorbets, and then ice cream recipes. Some of the recipes call for an ice cream maker, which I don't have. I have made vegan ice cream without one using a special technique with good success so I used that with the recipes I tried. All the fruit based sorbet recipes I tried worked fine and were quite delicious. I made both the Lemon and Berry Sorbets. The Chocolate Sorbet was too icy but perhaps the result would have been better with an ice cream maker. I also made the Soft Serve Ice Cream that doesn't call for an ice cream maker. It was delicious but not very original. There are a lot of frozen banana recipes out there. They are a vegan staple when it comes to desert and this is the first recipe I learned when I went vegan over 25 years ago. There were some really good ideas for ice cream flavors and I look forward to trying more of the ice cream recipes. There were also some ice cream topping recipes like a berry sauce and hot fudge. The Peanut Butter Hot Fudge was really good. It is rich so use sparingly. Chocolate and peanut butter together is a favorite of mine! CHOCOLATE VEGAN BOOK The Chocolate Vegan Recipe Book is not just deserts, in fact, it starts with breakfast. I don't eat a big breakfast very often. I usually just have a super-foods cereal mixed with my home made vegan yogurt and a handful of dried cranberries on top. I follow that with a glass of my home made kombucha (a fermented healthy drink). However, about once a month I make a brunch on the weekend for Bill and I. Sometimes we invite friends over too. This weekend I made the Chocolate French Toast. French toast is my favorite comfort food and the cocoa powder and peanut butter made this French toast extra rich and flavorful. I also made the Raspberry Hot Chocolate. It's been unusually cold here the last couple weeks so that really hit the spot. I haven't had time to make any of the cakes, cookies, etc but am looking forward to trying some of those recipes as well!

This boxed set includes not only my favorite Chocolate Vegan Recipes but adds in Ice Cream Vegan Recipes. It's a combo made in heaven for Vegans! I'm not truly a vegan because I don't have anything against meat lovers, but I only like to eat food that doesn't have a face or a mother. So, no dairy, cheese, eggs or honey for me. I love it when authors provide the public with fantastic easy recipes for me! The chocolate recipes will satisfy any chocoholic and the ice cream recipes are just bonuses to use along with the chocolate. Dairy-free ice cream made with frozen bananas is

great and just add a chocolate sauce to boot will make desserts yummy and easy. If you love sorbets or sherbets, then the ice cream recipes will be perfect for you. Made with fresh fruit and ice they are so healthy but still delicious without all of the fat in normal frozen desserts and made with natural sugars instead of refined white products. The chocolate recipes include breakfasts, desserts, bagels, French toast and much more. The options are endless. This is a great set for the bored vegetarian or vegan and the regular meat-eater will enjoy the desserts along with you. Lose weight by eating healthy and you will enjoy life longer. I received this book free. A favorable review was not guaranteed.

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Vegan: Vegan Diet for Beginner: Easy 123 Recipes and 4 Weeks Diet Plan (High Protein, Dairy Free, Gluten Free, Low Cholesterol, Vegan Cookbook, Vegan Recipes, Cast Iron, Easy 123 Diet Book 1)

Vegan: 101 Simple,Easy, Delicious Chocolate Plant Based Vegan Recipes for a Raw Vegan and Vegetarian Diet for Healthy Living and Weight Loss (Gluten Free, ... a Healthy Living Cookbook for Weight Loss)

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